

Brought to you by Yellow Ribbon in MN with cooperation from advocates across the state.
YOUR DONATIONS HELP MAKE THIS PUBLICATION POSSIBLE -- **DONATE NOW!**

Minnesota Suicide Prevention E-News

February 2007

Thought of the Month:

"No man should think himself a zero, and think he can do nothing about the state of the world." **Bernard Baruch**

ANNOUNCEMENTS

TAKE NOTE:

- ◆ **Welcome Christina Rorman**
Yellow Ribbon's 2007 Spring Intern!
- ◆ **2007 Starlight Gala** February 24 at the Midwest Wireless Civic Center. It is okay to ask for help and we need yours! Support the gala! See below or contact the [Yellow Ribbon Office](#) for more information.
- ◆ **Legislative Alert! See announcement for details!**

2007 STARLIGHT GALA

Yellow Ribbon and One Bright Star are beneficiaries of the Fifth Annual Starlight Gala on Saturday, February 24, 2007 at the Midwest Wireless Civic Center. The black tie optional event includes a cash bar, hors d'oeuvres, dinner, dessert, entertainment by All That Pizzazz, dancing with Mary Guentzel and her Quintet, live auction with Gil Gutknecht and Matt Mages, and a large silent auction. Platinum Sponsor of this event is Southern Minnesota Construction, Gold Sponsor is Thrivent Financial for Lutherans (Saint Peter Area Chapter, Nicollet County Chapter and Blue Earth County Chapter). For reservations or more information contact the [Yellow Ribbon Office](#) at 507-387-5020.

WELCOME NEW FACES!

Yellow Ribbon would like to introduce and welcome Christina Rorman as our 2007 Spring Intern. Christina is a Social Work Major and MSU and will be with us through May. Welcome Christina! We are very excited to have you with us! Contact Christina at yr@charterinternet.com

LEGISLATIVE ALERT!

Hello suicide prevention supporters! I wanted to pass along some hopeful news to everyone and ask your help.

First, the news. Legislation has been brought forward to restore funding to the suicide prevention program in this state! We hope to have bipartisan support on this and support from both the house and senate, as well as the administration. In addition to this single-cause bill being sponsored, full restoration of the suicide prevention grants will also be included in another bill being sponsored and presented before subcommittee this week. It's doubtful that this second bill will go forward "as-is", but rather in pieces, so hopefully between that bill and the other, we can see a restoration of the funding for this important cause at least on some level. Here is a link to the language of the proposed legislation. [HF0315 Suicide Prevention Grants restored and money appropriated.](#) [HF0306 Youth Mental](#)

◆ **Minnesota Association for Children's Mental Health** presents Dr. Ross Greene Thursday, February 15, 2007.
www.macmh.org

◆ **The AAS** is seeking applicants for their Advanced Clinical Skills Training Program.
www.suicidology.org

◆ **Applications being accepted** by the University of Rochester's Center for the Study and Prevention of Suicide for the 2007 Spring Research Institute in Suicide Prevention.
<http://www.rochesterpreventsuicide.org>

◆ **Minnesota School Health Education Conference** February 5-6, 2007.
www.bemidjistate.edu

◆ **2007 Minnesota**

[Health Screening and Suicide Prevention Funding](#)

Second, the favor. Please call your legislators, email your legislators, visit them (especially if you are a constituent in their area), and let them know how important this is. Ask them to support mental health legislation and suicide prevention funding. Yellow Ribbon advocates for those that can't speak and you can too. We have a small window of opportunity over the next couple of months to be heard in St. Paul. Tell your representatives that suicide is preventable and funding the grants will help SAVE lives. Here is a link to the contact information to your legislators. Please use it now! [House](#) [Senate](#)

If you have difficulty with any of these links, please contact me for the information at 507-327-1000. Thank you all for your ongoing support of our work! Together, we make a difference!

Rachel Schott, Yellow Ribbon Suicide Prevention Program in MN, Executive Director

FROM THE FIELD

Every Child Every Promise

A new study reveals we can improve the chances of success for our youth. For the full page article visit: www.americaspromise.org.

INTERVENTIONS FOR THE PREVENTION AND MANAGEMENT OF SELF-HARM

Hume ME, Platt S. **BMC Public Health** 2007; 7(1): 9. Copyright 2007, BioMed Central.

The purpose of this study was to investigate perceptions of interventions for self-harm among people who have first-hand experience as a result of their own behaviour.

[http://www.safetylit.org/citations/index.php?fuseaction=citations.viewdetails&citationIds\[\]=citjournalarticle_58550_18](http://www.safetylit.org/citations/index.php?fuseaction=citations.viewdetails&citationIds[]=citjournalarticle_58550_18)

THE ADOLESCENT RISK BEHAVIOR SCREEN (ARBS)

Jankowski MK, Rosenberg HJ, Sengupta A, Rosenberg SD, Wolford GL. **J Adolesc Health** 2007; 40(2): 180.e19-26. Copyright 2007, Elsevier Publishing.

The purpose of this study was to develop a screening tool to identify teenagers engaged in multiple, co-occurring high-risk behaviours.

[http://www.safetylit.org/citations/index.php?fuseaction=citations.viewdetails&citationIds\[\]=citjournalarticle_58679_18](http://www.safetylit.org/citations/index.php?fuseaction=citations.viewdetails&citationIds[]=citjournalarticle_58679_18)

DRINKING FREQUENCY AND QUANTITY AND RISK OF SUICIDE AMONG MEN

Mukamal KJ, Kawachi I, Miller M, Rimm EB. **Soc Psychiatry Psychiatr Epidemiol** 2007; ePub (ePub): ePub. Copyright 2007, Springer Science + Business Media.

Risk of death by suicide, among men, tends to be associated primarily with the quantity of alcohol consumed per drinking day, rather than drinking frequency or overall alcohol consumption.

**Association of
Alternative
Programs
(MAAP)**

Conference

February 21-23,
2007 in Brainerd,
Minnesota.

www.maapmn.org

◆ **University of
Rochester**

providing
postdoctoral
training in Suicide
Prevention
Research.

www.rochesterpreventionsuicide.org

- ◆ **SPRC** is seeking materials for their library relating to depression, mental illness, suicide or suicide attempts among rural populations, as well as faith-based prevention materials. Submit your contributions or suggestions to library@sprc.org

- ◆ **Have related events coming up? Let us know!**

[http://www.safetylit.org/citations/index.php?fuseaction=citations.viewdetails&citationIds\[\]=citjournalarticle_58496_18](http://www.safetylit.org/citations/index.php?fuseaction=citations.viewdetails&citationIds[]=citjournalarticle_58496_18)

CROSS-STATE DIFFERENCES IN ELDERLY SUICIDE RATES

Giles-Sims J, Lockhart C. **Suicide Life Threat Behav** 2006; 36(6): 694-708. Copyright 2006, Guilford Publications.

Macro and micro social variables contribute distinct aspects to explanations of elderly American suicide rates.

[http://www.safetylit.org/citations/index.php?fuseaction=citations.viewdetails&citationIds\[\]=citjournalarticle_58690_18](http://www.safetylit.org/citations/index.php?fuseaction=citations.viewdetails&citationIds[]=citjournalarticle_58690_18)

SUICIDALITY AND ANTIEPILEPTIC DRUGS: IS THERE A LINK?

Kalinin W. **Drug Safety** 2007; 30(2): 123-42. Copyright 2007, Adis International.

The purpose of this article is to review the possible risk factors for suicidal behaviour in epilepsy with a special emphasis on antiepileptic drugs (AEDs).

[http://www.safetylit.org/citations/index.php?fuseaction=citations.viewdetails&citationIds\[\]=citjournalarticle_58685_18](http://www.safetylit.org/citations/index.php?fuseaction=citations.viewdetails&citationIds[]=citjournalarticle_58685_18)

KIDS' SUICIDES RISE

Lindsey Tanner, Associated Press, 2006

"New government figures show a surprising increase in youth suicides after a decade of decline and some mental health experts think a drop in use of antidepressant drugs may be to blame." For full article: <http://www.forbes.com/feeds/ap/2007/02/05/ap3397158.html>

HOLLYWOOD STAR EMMA THOMPSON SPEAKS ABOUT HER BATTLE WITH DEPRESSION

Daily Mail, December 2006

http://www.dailymail.co.uk/pages/live/articles/showbiz/showbiznews.html?in_article_id=420719&in_page_id=1773

AFSP SPEAKS OUT ABOUT GM AD

The American Foundation for Suicide Prevention have expressed their concerns about the GM ad that ran during the Super Bowl via a letter to the company's executives requesting they pull the ad. To see the full article:

<http://view.email.globalcloud.net/?ffcb10-fe8b1d777c67017c77-fde610757c610d7c731c7776-fef91676706c05>

RESOURCES

COLLABORATIVE PROBLEM SOLVING

The Minnesota Association for Children's Mental Health presents Dr. Ross Greene Thursday, February 15, 2007 from 9am-4pm. Come and learn exciting new strategies and techniques for Collaborative Problem Solving. For more information, or to register visit www.macmh.org.

WHAT'S UP IN MN?

- ◆ **SEND US YOUR INPUT –**
yr@chartermi.net with the subject line: "for enewsletter."
- ◆ **Rocori Middle School** held their 6th Annual Ask-4-Help Presentation.
- ◆ **Yellow Ribbon** presented Ask-4-Help to East Senior High School
- ◆ **Cedar Mountain Youth Board** held their First Annual Yellow Ribbon Suicide Prevention Awareness Week.
- ◆ **Yellow Ribbon** Presented at the South Central Youth Health Conference.
- ◆ **Regional Suicide Prevention Meetings** were held throughout Minnesota.
- ◆ **Yellow Ribbon** participated in Mankato Area Healthy Youth

2007 MINNESOTA ASSOCIATION OF ALTERNATIVE PROGRAMS CONFERENCE

This year's annual conference will be held February 21-23, 2007 at Cragun's Conference and Golf Resort in Brainerd, Minnesota. For more information visit www.maapmn.org. For information on the resort visit www.craguns.com.

ADVANCED CLINICAL SKILLS TRAINING PROGRAM

The American Association of Suicidology (AAS), in partnership with the Suicide Prevention Partnership (SPP) has developed an advanced behavioral skills training program Assessing and Managing Clients at-risk for Suicide. This training is for clinical mental health professionals working with clients at risk for suicide. This call for applicants seeks experienced clinician trainers interested in being trained to facilitate the training for this program. Those selected will be trained in Washington D.C. during the week of March 19-23, 2007. Those interested should contact Kristin Bergeron at AAS: kbregeron@suicidology.org or via fax: 202-237-2282. Applications must be submitted no later than February 2, 2007.

2007 SPRING RESEARCH INSTITUTE IN SUICIDE PREVENTION APPLICATIONS

The University of Rochester's Center for the Study and Prevention of Suicide is now accepting applications for the 2007 Spring Research Institute in Suicide Prevention: Community Partnered Research (SRI/CPR). This event will be held in Rochester, New York April 15-21, 2007. Application Deadline: January 26, 2007. For more information visit <http://www.rochesterpreventsuicide.org> or contact Janette Keyser: 585-275-3477 (Phone), 585-276-0307 (Fax), Janette_keyser@urmc.rochester.edu.

PRESENTATIONS AND MATERIALS FROM THE SAMHSA GRANTEE MEETING NOW AVAILABLE

Agendas, Power Point Presentations and handouts from SAMHSA's Suicide Prevention Conference for State/Tribal/Adolescents at Risk Grantees are now available on SPRC's website: www.sprc.org.

RESOURCE GUIDE FOR JOINT COMMISSION SAFETY GOALS ON SUICIDE

Screening for Mental Health Inc. has developed a resource guide for implementing the new Joint Commission on Accreditation of Healthcare Organizations 2007 National Patient Safety Goals on Suicide. For more information visit: www.mentalhealthscreening.org.

MINNESOTA SCHOOL HEALTH EDUCATION CONFERENCE

The purpose of this conference is to improve health education in Minnesota schools. Conference details include: Date: February 5-6, 2007, Location: Sheraton Hotel, Bloomington, Minnesota, Registration deadline: January 19, 2007. For more information visit <http://www.bemidjistate.edu/conferences/mnhealthconf/registration.asp>

NATIONAL CAMPAIGN TO INSURE MENTAL HEALTH AND ADDICTION EQUITY

You are invited to attend this event, which is an opportunity to raise awareness about this issue and to

Mardi Gras.

show your support for parity. The forum in Minnesota will take place from 9-11 a.m. on Monday, January 22, 2007 at the auditorium in the Humphrey Institute on the west bank of the University of Minnesota. The address is 307 19th Ave. South, Minneapolis. Congressman Jim Ramstad and Patrick Kennedy will be chairing the event. Contact the NAMI office to register: 651-645-2948 or 1-800-473-0237.

DEPRESSION WELLNESS GUIDE

The Families for Depression Awareness have created a new "[Depression Wellness Guide](#)" to aid adults diagnosed with depression in monitoring their treatment.

A GUIDE TO EARLY CHILDHOOD MENTAL HEALTH

The Minnesota Association for Children's Mental Health (MACMH) has created a guide that examines the common, everyday concerns that caregivers address and provides detailed information about how to respond to different behaviors. <http://www.macmh.org>

UNIVERSITY OF ROCHESTER SUICIDE PREVENTION RESEARCH

The University of Rochester Center for the Study and Prevention of Suicide (UR/CSPS) has announced the availability of positions for postdoctoral training in suicide prevention research. For more information visit www.rochesterpreventsuicide.org.

FINDING FUNDS

UPCOMING MINNESOTA FUNDERS DEADLINES

February 15

- [The McKnight Foundation](#) (Children and Families International)
- [Best Buy Children's Foundation](#) (Scholarships)
- [Fargo-Moorhead Area Foundation](#)
- [ING Foundation](#)
- [Securian Foundation/Securian Financial Group](#)
- [SUPERVALU Foundation](#)
- [Unity Avenue Foundation](#)
- [Willmar Area Community Foundation](#)

February 16

- [North Suburban Community Foundation](#)

March 1

- [Athwin Foundation](#)
- [Bemis Company Foundation](#)
- [Bush Foundation](#)

- [Cargill Foundation \(Eliminating Barriers\)](#)
- [Duluth-Superior Area Community Foundation](#)
- [Donald G. Gardner Humanities Trust](#)
- [Virginia A. Groot Foundation](#)
- [Minnesota State Bar Foundation](#)
- [Otter Tail Power Company](#)
- [The Pentair Foundation](#)
- [Stevens Square Foundation](#)
- [Sweitzer Foundation](#)
- [James R. Thorpe Foundation](#)

March 5

- [The Jostens Foundation](#)

March 15

- [Hugh J. Andersen Foundation](#)
- [Blandin Foundation](#)
- [Frey Foundation](#)
- [Grand Rapids Area Community Foundation](#)
- [Grotto Foundation, Inc.](#)
- [Hennepin County Bar Foundation](#)
- [HRK Foundation](#)
- [Marquette Financial Companies Community Support Program](#)
- [MoneyGram International](#)
- [Piper Jaffray](#)
- [The Jay and Rose Phillips Family Foundation](#)
- [Luther I. Replogle Foundation](#)
- [Thomson West \(Educating the Future Workforce\)](#)
- [DeWitt and Caroline Van Evera Foundation](#)
- [Lillian Wright and C. Emil Berglund Foundation, Inc.](#)

March 16

- [Community POWER \(Partners on Waste Education and Reduction\)](#)
- [St. Anthony Park Community Foundation](#)

March 18

- [Fred C. and Katherine B. Andersen Foundation](#)

March 30

- [Delta Dental Plan of Minnesota](#)

March 31

- Marjorie and V.M. Baich Foundation
- Extendicare Foundation
- Alex Stern Family Foundation

To subscribe/unsubscribe or to make contributions to this enewsletter, please email us at yr@chartermi.net

TIP: If you have trouble using these links, remember to move your cursor to the link, hold down the CONTROL button on your keyboard – the cursor should turn to an arrow – while holding down CONTROL, click the link with your left mouse button.

The links contained in this enewsletter are current as of the time of publication, but if for any reason you have trouble accessing a link, please contact us for assistance in locating the referenced articles.